



# ST. ANNE'S EPISCOPAL CHURCH

ASH WEDNESDAY  
MARCH 5, 2025 • 12:00 NOON

1700 WAINWRIGHT DRIVE • RESTON, VIRGINIA 20190  
703-437-6530 • [www.stannes-reston.org](http://www.stannes-reston.org)

# WELCOME TO ST. ANNE'S!

Whatever your religious background, wherever you are in your faith journey, and however you have come to be here, we are glad you have joined for worship today. We hope you will experience God's presence among this community, people, place, and prayers.

Children's worship bags are available from an usher to use during the service. Please utilize our "Welcome" and "Prayer Request" cards located in the pews, as a way to connect beyond your visit today. Return your completed card to an usher, clergy person, or place it in the offering plate.



THE MINISTERS OF ST. ANNE'S EPISCOPAL CHURCH ARE  
THE PEOPLE OF THIS PARISH  
supported by

The Very Rev. Jessica T. Holthus, *Rector*

The Rev. Dr. Nancy D. Searby, *Deacon*

Robert Hamilton, *Director of Music*

The Rev. Dr. Anne Fredericks Cooper, *Assisting Priest*

The Rev. Winston W. Welty, *Assisting Priest*

Sheri Schaffer, *Parish Administrator*

Angie Gray, *Office Administrator*

*We at St. Anne's acknowledge we are on the traditional lands of the Manaboac and Piscataway people. We honor with gratitude the land itself and the continued existence of Native peoples today and into the future.*

# THE ORDER OF WORSHIP

*The service begins in silence. All stand for the procession.*

## THE COLLECT

Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE WORD OF GOD

*The people are seated for the readings and the psalm.*

## THE FIRST READING

ISAIAH 58:1-12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard.

Then you shall call, and the Lord will answer; you shall cry for help, and he will say,  
Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

The Word of the Lord.  
**Thanks be to God.**

THE PSALM

PSALM 103

*The psalm is read responsibly by whole verse.*

- 1 Bless the Lord, O my soul, \*  
and all that is within me, bless his holy Name.
- 2 **Bless the Lord, O my soul, \***  
**and forget not all his benefits.**
- 3 He forgives all your sins \*  
and heals all your infirmities;
- 4 **He redeems your life from the grave \***  
**and crowns you with mercy and loving-kindness;**
- 5 He satisfies you with good things, \*  
and your youth is renewed like an eagle's.
- 6 **The Lord executes righteousness \***  
**and judgment for all who are oppressed.**
- 7 He made his ways known to Moses \*  
and his works to the children of Israel.
- 8 **The Lord is full of compassion and mercy, \***  
**slow to anger and of great kindness.**
- 9 He will not always accuse us, \*  
nor will he keep his anger for ever.
- 10 **He has not dealt with us according to our sins, \***  
**nor rewarded us according to our wickedness.**

- 11 For as the heavens are high above the earth, \*  
so is his mercy great upon those who fear him.
- 12 **As far as the east is from the west, \***  
**so far has he removed our sins from us.**
- 13 As a father cares for his children, \*  
so does the Lord care for those who fear him.
- 14 **For he himself knows whereof we are made; \***  
**he remembers that we are but dust.**
- 15 Our days are like the grass; \*  
we flourish like a flower of the field;
- 16 **When the wind goes over it, it is gone, \***  
**and its place shall know it no more.**
- 17 But the merciful goodness of the Lord endures for ever on those who fear him,\*  
and his righteousness on children's children;
- 18 **On those who keep his covenant \***  
**and remember his commandments and do them.**
- 19 The Lord has set his throne in heaven, \*  
and his kingship has dominion over all.
- 20 **Bless the Lord, you angels of his, you mighty ones who do his bidding, \***  
**and hearken to the voice of his word.**
- 21 Bless the Lord, all you his hosts, \*  
you ministers of his who do his will.
- 22 **Bless the Lord, all you works of his, in all places of his dominion; \***  
**bles the Lord, O my soul.**

THE SECOND READING

2 CORINTHIANS 5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience,

kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

The Word of the Lord.  
**Thanks be to God.**

THE SEQUENCE HYMN

*Lord, Who Throughout These Forty Days*

*The Hymnal 142*

*St. Flavian*

1 Lord, who through-out these for - ty days for us didst fast and pray,  
 2 As thou with Sa - tan didst con-tend, and didst the vic-tory win,  
 3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,  
 4 And through these days of pen - i - tence, and through thy Pas-sion - tide,  
 5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.  
 2 O give us strength in thee to fight, in thee to con-quer sin.  
 3 to die to self, and chief - ly live by thy most ho - ly word.  
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

*The people stand and turn to face the Gospel.*

The Holy Gospel of our Savior Jesus Christ according to Matthew.

**Glory to you, Lord Christ.**

Jesus said, “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## INVITATION TO A HOLY LENT

*After the Homily, all stand, and the Celebrant or Minister appointed invites the people to the observance of a holy Lent, saying*

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

*Silence is then kept for a time, all kneeling as able.*

## THE BLESSING OF ASHES

*Before ashes are imposed, the Celebrant says the following prayer*

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

## THE IMPOSITION OF ASHES

*The congregation is invited to come forward to receive the Imposition of Ashes.*

*The ashes are imposed with the following words*

Remember that you are dust, and to dust you shall return.



## HYMN

*Lord Jesus, Think On Me**Southwell*

1 Lord Je - sus, think on me, and purge a - way my sin. From  
 2 Lord Je - sus, think on me, a - mid the bat - tle's strife. In  
 3 Lord Je - sus, think on me, nor let me go a - stray. Through  
 4 Lord Je - sus, think on me, that, when this life is past, I

earth-born pas - sions set me free, and make me pure with - in.  
 all my pain and mis - er - y be thou my health and life.  
 dark - ness and per - plex - i - ty point thou the heaven - ly way.  
 may the e - ter - nal bright - ness see, and share thy joy at last.

*The following psalm is then said.*

## PSALM 51

- 1 Have mercy on me, O God, according to your loving-kindness; \*  
 in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness \*  
 and cleanse me from my sin.
- 3 For I know my transgressions, \*  
 and my sin is ever before me.
- 4 Against you only have I sinned \*

- and done what is evil in your sight.
- 5 And so you are justified when you speak \*  
and upright in your judgment
- 6 Indeed, I have been wicked from my birth, \*  
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; \*  
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.
- 10 Hide your face from my sins \*  
and blot out all my iniquities.
- 11 Create in me a clean heart, O God, \*  
and renew a right spirit within me.
- 12 Cast me not away from your presence \*  
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again \*  
and sustain me with your bountiful Spirit.
- 14 I shall teach your ways to the wicked, \*  
and sinners shall return to you.
- 15 Deliver me from death, O God, \*  
and my tongue shall sing of your righteousness, O God of my  
salvation.
- 16 Open my lips, O Lord, \*  
and my mouth shall proclaim your praise.
- 17 Had you desired it, I would have offered sacrifice; \*  
but you take no delight in burnt-offerings.
- 18 The sacrifice of God is a troubled spirit; \*  
a broken and contrite heart, O God, you will not despise.

LITANY OF PENITENCE

*The Celebrant and People pray together, kneeling as they are able.*

**Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.**

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

**Have mercy on us, Lord.**

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

**Have mercy on us, Lord.**

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

**We confess to you, Lord.**

Our self-indulgent appetites and ways, and our exploitation of other people,

**We confess to you, Lord.**

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

**We confess to you, Lord.**

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

**We confess to you, Lord.**

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

**We confess to you, Lord.**

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

**Accept our repentance, Lord.**

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

**Accept our repentance, Lord.**

For our waste and pollution of your creation, and our lack of concern for those who come after us,

**Accept our repentance, Lord.**

Restore us, good Lord, and let your anger depart from us;

**Favorably hear us, for your mercy is great.**

Accomplish in us the work of your salvation,

**That we may show forth your glory in the world.**

By the cross and passion of your Son our Lord,

**Bring us with all your saints to the joy of his resurrection.**

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen**

## THE PEACE

*The Celebrant says to the people*

The peace of the Lord be always with you.

**And also with you.**

*All are invited to share a sign of peace.*

## THE OFFERTORY

Walk in love, as Christ loved us and gave himself for us, an offering and a sacrifice to God.

*We invite you to give generously to support the mission and ministry of St. Anne's. You can scan the QR code, text-to-give at 703-997-4436, or go to our website at [stannes-reston.org](http://stannes-reston.org).*



## THE OFFERTORY HYMN

*The Glory of These Forty Days*

*The Hymnal 143*

*Erhalt uns, Herr*



1 The glo - ry of these for - ty days we  
2 A - lone and fast - ing Mo - ses saw the  
3 So Dan - iel trained his mys - tic sight, de -  
4 Then grant us, Lord, like them to be full  
\* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
2 lov - ing God who gave the law; and to E - li - jah,  
3 liv - ered from the li - ons' might; and John, the Bride - groom's  
4 oft in fast and prayer with thee; our spi - rits strength - en  
5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
2 fast - ing, came the steeds and char - i - ots of flame.  
3 friend, be - came the her - ald of Mes - si - ah's name.  
4 with thy grace, and give us joy to see thy face.  
5 Name a - dored, from age to age, the on - ly Lord.

*At this celebration of the Lord's Supper, bread and wine are blessed, broken,  
and shared in remembrance of Christ Jesus our Lord.*

## THE HOLY COMMUNION

THE GREAT THANKSGIVING

Prayer C

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

THE SANCTUS AND BENEDICTUS

*New Plainchant*

*The Hymanl S124*

*David Hurd*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our ancestors: God of Abraham, Isaac, and Jacob; God of Rehab, Tamar, Ruth, and Mary; God our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

## THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD AND THE FRACTION

*New Plainsong*

*The Hymnal S161*

*David Hurd*

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

## THE INVITATION TO HOLY COMMUNION

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*To receive communion, please process down the center aisle. Hold your palm out flat with two hands if you wish to receive bread dipped in wine by the clergy and one palm out if you wish bread only. A gluten-free station is available to the right. If you prefer to receive a blessing, please cross your arms over your chest.*



COMMUNION HYMN

*Bless the Lord, My Soul*

WLP 825

Bless the Lord my soul and bless God's ho - ly name.

Bless the Lord my soul, Who leads me in - to life.

THE POST COMMUNION PRAYER

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his body and blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

SOLEMN PRAYER OVER THE PEOPLE

*The congregation may kneel in body or spirit, bowing their hearts to God.*

Bow down before the Lord.

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. **Amen.**

THE CLOSING HYMN

*Forty Days and Forty Nights*

*The Hymnal 150*

*Aus Der Tier rufe ich*

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
 2 Should not we thy sor - row share and from world - ly joys ab - stain,  
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

THE DISMISSAL

Let us bless the Lord.  
 Thanks be to God.

THE POSTLUDE

*Herzliebster Jesu*

*Johannes Brahms*

# Lent & Holy Week



2025  
St. Anne's

**Tuesdays Starting  
March 4**

***Civic Support  
Group***

7-8 PM, Library

**March 5**

***Ash Wednesday  
Services***

12 & 6 PM  
Sanctuary

**March 9**

***Lent I Service***

8 & 10 AM  
Sanctuary

**Tuesdays Starting  
March 11**

***Compline***

8 PM, Zoom



Sign up  
here



**April 6**

***Adult Formation: Praying  
the African American  
Spirituals***

4-5:30 PM  
Library

**April 13**

***Palm Sunday  
Services***

8 & 10 AM  
Sanctuary

**April 17**

***Maundy Thursday***

6 PM: Agape Meal  
Library

7:30 PM: Service  
Sanctuary

**April 18**

***Good Friday  
Services***

12 & 7:30 PM  
Sanctuary

**April 19**

***Easter Vigil  
Service***

7:30 PM  
Sanctuary

**April 20**



***Easter Sunday Service***

8 & 10 AM Services, Sanctuary

Easter Egg Hunt after the 10 AM Service

ST. ANNE'S EPISCOPAL CHURCH

1700 Wainwright Drive, Reston, VA 20190 · www.stannes-reston.org

